

For those desiring to take steps in their Christian life and discipleship, to break free from bondage to the past and experience healing, Emotional Healthy Spirituality is an eight-session video-based Bible study on the integration of emotional health and contemplative spirituality. Many sincere followers of Christ, followers who are really passionate for God, join a church, participate weekly in a small group, serve with their gifts, and who are considered mature, remain stuck at a level of spiritual immaturity?especially when faced with interpersonal conflicts and crises.?? The Emotionally Healthy Spirituality video study and companion study guide offer a strategy for discipleship that address this void, offering powerful pathways to transformation that will help people mature into a faith filled with authenticity and a profound love for God.? The eight sessions include: The Problem of Emotionally Unhealthy Spirituality Know Yourself that You May Know God Going Back in Order to Go Forward Journey through the Wall Enlarge Your Soul through Grief and Loss Discover the Rhythms of the Daily Office and Sabbath Grow into an Emotionally Healthy Adult Go to the Next Step to Develop a "Rule of Life"• This pack contains one softcover study guide and one DVD.

No Wrinkles on the Soul: A Book of Readings for Older Adults, The Works of Robert Burns. [Edited by William Scott Douglas.], Project Management: Defining Project Scope (Project Management, PMP, Project Management Body of Knowledge), St. Marks Rest: The History of Venice, Written for the Help of the Few Travellers, Who Still Care for Her Monuments - Primary Source E, Japan and America, Pocket Guide To Colorectal Cancer, Breads, Baby Tamer, S. Hrg. 111-949: Consumers, Competition, and Consolidation in the Video and Broadband Market,

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