

A recipe collection and how-to guide for preparing base ingredients that can be used to make simple, weeknight meals, while also teaching skills like building and cooking over a fire, and preserving meat and produce, written by a sustainable food expert and founder of Belcampo Meat Co. Anya Fernald's approach to cooking is anything but timid; rich sauces, meaty ragus, perfectly charred vegetables. And her execution is unfussy, with the singular goal of making delicious, exuberantly flavored, unpretentious food with the best ingredients. Inspired by the humble traditions of cucina povera, the frugal cooking of Italian peasants, Anya brings a forgotten pragmatism to home cooking; making use of seasonal bounty by canning and preserving fruits and vegetables, salt curing fish, simmering flavorful broths with leftover bones, and transforming tough cuts of meat into supple stews and sauces with long cooking. These building blocks become the basis for a kitchen repertoire that is inspired, thrifty, environmentally sound, and most importantly, bursting with flavor. Recipes like Red Pepper and Walnut Crema, Green Tomato and Caper Salad, Chickpea Torte, Cracked Crab with Lemon-Chile Vinaigrette, Veal Meatballs, Anise-Seed Breakfast Cookies, and Ligurian Sangria will add dimension and excitement to both weeknight meals and parties. We all want to be better, more intuitive, more relaxed cooks—not just for the occasional dinner party, but every day. Punctuated by essays on the author's approach to entertaining, cooking with cast-iron, and a primer on buying and cooking steak, Home Cooked is an antidote to the chef and restaurant books that leave you no roadmap for tonight's dinner. With Home Cooked, Anya gives you the confidence, and the recipes, to love cooking again. From the Hardcover edition.

Rafen (The Fledgling Account), Whales: The Gentle Giants (Step into Reading), Peace from Nervous Suffering (Signet), Monkey King # Volume 19 : Masters and Disciples, Move over, wheelchairs coming through!: Seven young people in wheelchairs talk about their lives, Apple Cider Vinegar: Teach Me Everything I Need To Know About Apple Cider Vinegar In 30 Minutes (Apple Cider Vinegar for Beginners - Coconut Oil - Weight Loss - Holistic), Soviet Attitudes Toward American Writing (Princeton Legacy Library),

Home Cooked has 73 ratings and 24 reviews. Jenn said: I was sent a copy of this book for review purposes, as always, all opinions are my dwtdirect.com recipe.

If you've spent a lot of time at Belcampo, Fernald's butcher shop and counter at Grand Central Market in downtown Los Angeles, or her larger.

A recipe collection and how-to guide for preparing base ingredients that can be used to make simple, weeknight meals, while also teaching. Best Seller. Home Cooked by Anya Fernald and Jessica Battilana. Read An Excerpt Essential Recipes for a New Way to Cook. Essential Recipes for a New . A recipe collection and how-to guide for preparing base ingredients that can be used to make simple, weeknight meals, while also teaching skills like building.

Belcampo Founder and CEO Anya Fernald recently released Home Cooked: Essential Recipes for a New Way to Cook, a beautiful book with a.

Find product information, ratings and reviews for Home Cooked: Essential Recipes for a New Way to Cook (Hardcover) (Anya Fernald) online on Target. com.

Home Cooked: Essential Recipes for a New Way to Cook. Anya Fernald, with Jessica Battilana. Ten Speed, \$35 (p) ISBN.

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